

Building Better Together: Strategies for a Healthy and Inclusive Research Community

Virtual Workshop: January 20 and 21 2022, 12:00 p.m. - 4:00 p.m. EST.

https://www.maizegdb.org/mgc/advocacy/2021/rcn.php

Day 1 Panel: Saying I'm Not Ok: Wellness and Wellbeing in the Academic/Research Workplace



Siobhan Braybrook (she/her/hers)

She works to create an environment where characteristics of oppressive cultures and structures are resisted; this work centers on knowing, caring, joy, and accountability.



Leila Durr (she/her/hers)

She has extensive experience providing culturally-sensitive counseling, supervision, and educational programming focused on mental health and wellness.



Nichole Guillory (she/her/hers)

She helps faculty of color learn how to align their research, teaching, and service with their values as well as prioritize their own well-being and happiness in the academy.



Jennifer Nemhauser (she/her/hers)

She uses therapy, mindfulness-based stress reduction and peer coaching to cope with job-related threats to her mental health.





Sterling Field (he/him/his)

His goal is to provide a podium for people to share their experiences and create space for dialogue on important issues such as race, gender, sex, or socioeconomic status.



Gustavo Macintosh (he/him/his)

He works with committees and programs committed to increasing the success of marginalized students.



Sandra Marcu (she/her/hers)

She provides workshops on creating inclusive classrooms and work spaces with a lens on gender, race, ability, and immigration status.



Chelsea Specht (she/her/hers)

She emphasizes the role of scientific societies as agents of change, and the structural and organizational revolutions required to build an anti-racist and accessibility-oriented culture in STEM.

Day 1 & 2: Collaborative Workshops



Mariama S. Boney (she/her/hers) – Facilitator and Trainer

She is a diversity, equity, and inclusion visionary, and the President and CEO of Achieve More LLC. As a strategic consulting firm, Achieve More LLC transforms leaders, boards, and volunteers worldwide, through training, consulting, and coaching on leadership and DEI.





