POSTER IMAGES
Poster files can be prepared as for an in-person conference.
Poster resolution should be at or near 2530 x 2249.
The aspect ratio of 45 inches horizontal x 40 inches vertical required for the in-person meeting can be used here.
Accepted file formats: .png, .pdf and .jpg

LIGHTNING VIDEOS
Each 5-minute video is a lightning talk, similar to what you might give, or have observed, at an in-person conference. For the 5-minute poster video recordings, we suggest that the introductory slide be a complete poster image. Two to three subsequent slides can be used to highlight individual figures, tables, key results and conclusions. This should be a "lightning" summary of the poster, including:
　　-broader significance
　　-hypothesis or research goal
　　-approach
　　-key results
　　-conclusions and next steps

The recording cannot exceed 5 minutes and must be less than 100 MB.

Recording in PowerPoint

Windows:
　　-In the Slide Show menu, Select "Record Slide Show". In addition to recording your narration, a video of yourself can be embedded in the corner of the slide.
　　-Hit Record and begin the presentation.
　　-When finished recording, hit "Export" and select "Create a Video". Be sure to export as a MPEG-4 (mp4) video.
　　-Open the video and trim any extraneous content at the beginning or end of the recording. Review recording before submitting.

Mac:
　　-In the Slide Show menu, Select "Record Slide Show" and begin narrating to your poster slides.
　　-When finished speaking, hit "End Show".
　　-Select "Export" under the File menu, and select MP4 as the File Type.
　　-Open the video and trim any extraneous content at the beginning or end of the recording. Review recording before submitting.

Recording in QuickTime or another video recording application:
Alternatively, one can use a video recording application (e.g. QuickTime Player) or web-based platform to record the screen, on which your poster slides can be viewed. Save the file as an mp4.

HELPFUL TIPS FOR RECORDING
    -If you choose to film yourself speaking, make sure to have good lighting that is facing rather than behind you. For example, record in front of a window instead of having a window in the background of the video.
    -If recording via Zoom or any web-based platform, try to record on a wired internet connection instead of Wifi to avoid any video lag or audio cutting out.
    -Disable all notifications on your computer and phone, both sound and visual.
    -Be sure to review the recording from beginning to end prior to submitting.

UPLOADING FILES
If you plan to upload both a poster image and a video, then please submit both files at the same time. You won't be able to use this form again once it has been submitted, but you may contact John Portwood at john.portwood@usda.gov for a new link if you need to amend your submission.

Poster and video uploading
Contact John Portwood at john.portwood@usda.gov to receive a link to upload your poster.